

MORE INFORMATION

HUNTSMAN CANCER INSTITUTE'S AMERICAN INDIAN PROGRAM



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*Your body is a
sacred gift
It can't be replaced.*

Take care of it.

Photos: Eric Marks

NEVADA CANCER COALITION'S ThriveNV PROGRAM

 775-451-1670 ext 106

CANCER SCREENING ASSISTANCE



nevadacancercoalition.org/screening

PATIENT & CAREGIVER SUPPORT



ThriveNV.org



Our goal is to educate NATIVE AMERICANS

*about how to protect themselves from getting
cancer and to help them find high-quality,
culturally sensitive care if they get it.*

*I know the power of **prayer.***

*I know the power of **medicine.***



“I was in my early 20s when I learned I had cervical cancer. I was frightened and embarrassed. Making treatment decisions was very hard. But, with the help of my family and my health care team, *I made it.*”



KAREN BEGAII-WILSON
Cancer Survivor
Medical Technician
Women's Traditional Dancer

*Enrolled in the Navajo Nation,
Born of Folded Arms People
Born for Salt People*

It's important to

understand cancer

and to know how to

protect yourself.

Male Cancer Screening Guidelines

Ages 9-26

Human papillomavirus (HPV) vaccination
(two-shot series under 15 or
three-shot series over 15)

Age 18 & Up

Talk to a doctor about head and neck screening
and a body skin exam.

Starting at Age 45

Talk to a doctor about benefits and risks
of digital rectal exam, and prostate specific
antigen (PSA) test.

Colonoscopy every 10 years
or stool-based test (FIT, FOBT, or DNA)
every 1-3 years as recommended

Age 50 & Up

For people who smoke or used to smoke,
talk to a doctor about low dose CT scan.

*These screening guidelines are for people not at high risk for cancer.
Talk to a healthcare provider about your family cancer history and
personal risk for cancer to see if you should begin screening earlier.*

Female Cancer Screening Guidelines

Ages 9-26

Human papillomavirus (HPV) vaccination
(two-shot series under 15 or
three-shot series over 15)

Ages 18 & Up

Talk to a doctor about head and neck screening
and a body skin exam.

Starting at Age 21

Pap test every 3 years. Yearly clinical breast exam.

Age 30 & Up

Pap test every 3 years or
pap/HPV co-test every 5 years

Age 40 & Up

Yearly mammogram and clinical breast exam

Starting at Age 45

Colonoscopy every 10 years
or stool-based test (FIT, FOBT, or DNA) every
1-3 years as recommended

Age 50 & Up

For people who smoke or used to smoke,
talk to a doctor about low dose CT scan.

CANCER WARNING SIGNS

Screening can prevent many cancers.
Look for these warning signs, using the word

CAUTION:



*See a doctor if you have any symptoms
that last more than two weeks.*

Change in bowel or bladder habits
Asore throat that does not heal
Unusual bleeding or discharge
Thickening or lump in the breast or elsewhere
Indigestion or difficulty swallowing
Obvious change in a wart or mole
Nagging cough or hoarseness