



Checklist for Sun Smart Schools

Before Students Return:

1. Announce Sun Smart Schools to staff and share curriculum links:
 - Curriculum
 - Pre K – K/1: <https://sunbeatables.org/>
 - K – 8: <https://www.neefusa.org/sunwise>
 - 6 – 12: <http://www.skincancer.org/prevention/education-program>
2. Designate at least one Sun Smart Champion – Teachers(s)/Nurse/Health Aide to inform about and encourage school-wide sun safe behavior.
 - Click here to for the 5 S's of Sun Safety: <http://nevadacancercoalition.org/sun-smart-nevada> and scroll down to *Prevention Tips*
3. Ensure sunscreen dispensers and 'how to use' signs are installed and dispensers are working properly
 - Designate someone to check at least weekly to ensure dispensers are dispensing and if refills are required. NOTE: Each refill pouch provides 1,000 "squirts"
4. Post UV Safety and The Truth About Tanning posters in staff lounge, in multi-purpose room, near entry/exit doors
5. Alert Pre K and K-1 teachers of live webinar about Sunbeatables™ curriculum on either Sept. 20 or Oct. 5. **Ask them to email christine@nevadacancercoalition.org to confirm availability**

See Next Page for *When Students Return:*



When Students Return:

1. Announce that you're becoming a Sun Smart School –
 - Inform about sunscreen dispensers and appropriate use
 - Use before going out for PE, recess, after school sports activities, before field trips
 - Ask teachers/nurses to demonstrate or show video of how to apply (see link below)
 - Make sun safety a standard school practice
 - Weekly overhead announcements about UV Index, 5 S's reminders, sunscreen use
 - Click here to download suggested school announcements:
<http://nevadacancercoalition.org/sites/default/files/Sun%20Smart%20Announcements.pdf>
2. Increase access to sunscreen and shade
 - Enlist PTO/PTA to raise funds to purchase shade trees or shade
3. Implement Sun Smart School curriculum in *at least one* curriculum area where most students will receive instruction – Health, Science, P.E., etc.
4. Contact christince@nevadacancercoalition.org with questions and to schedule guest speakers or a Sun Smart Assembly

Other helpful links:

How to Apply Sunscreen:

<https://www.aad.org/public/spot-skin-cancer/learn-about-skin-cancer/prevent/how-to-apply-sunscreen>

BrightGuard website. This is the company NCC partners with to provide sunscreen and dispensers. View other products and sunscreen ingredients:

<https://brightguard.com/sunscreen>