

Cancer Survivorship in Nevada

120,000

estimated number of cancer survivors living in Nevada



What is Cancer Survivorship?

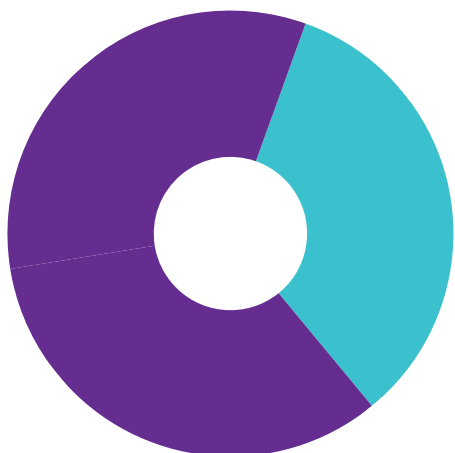
Cancer survivors are those who have been diagnosed with cancer, from the time of diagnosis throughout the remainder of their life. Cancer also affects not only the individual survivor, but their family, friends, and caregivers as well.

Key Issues for Nevada's Cancer Survivors

- Accessing local, trusted healthcare providers and treatment services
- Experiencing emotional distress, such as depression, fear, stigma, anxiety
- Finding support services and resources for activities of daily living
- Maintaining fitness, nutrition, and overall wellness
- Finding accurate cancer information and useful resources
- Addressing financial and legal concerns

“Speak out, find a support group or supportive friend, and don’t go it alone. It’s ok to ask for support.”

Nationally, nearly 75% of cancer survivors are 60 years or older.



About 1/3 of cancer survivors experience anxiety or depression serious enough to require professional help.

Survivors in Nevada can access a number of programs to promote health and well-being.

- Navigation
- Local Support Groups
- Peer-toPeer Support
- Fitness and Nutrition Classes
- Art and Music Therapy
- Communications Workshops
- Advance Care Planning Sessions



ThriveNV: Care, Connection, Collaboration

The ThriveNV community is working to improve the lives of all Nevadans through access to cancer support and resources. Whether you’re a patient looking for resources, a caregiver seeking support, a survivor sharing personal experiences, or a cancer expert sharing expertise, you are welcome and you are valued. Visit [ThriveNV.org](https://thriveNV.org).



Data Sources: American Cancer Society Cancer Treatment & Survivorship Facts & Figures, 2016-2017; Nevada Cancer Coalition Cancer Survivor Focus Group Study, 2017.

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