

Cancer Survivorship in Nevada

120,200

estimated number of cancer survivors living in Nevada

"There is life after cancer. I have to believe that."

What is Cancer Survivorship?

Cancer survivors are those who have been diagnosed with cancer, from the time of diagnosis throughout the remainder of their life. Cancer also affects not only the individual survivor, but their family, friends, and caregivers as well.

Key Issues for Nevada's Cancer Survivors

- Accessing local, trusted healthcare providers and treatment services
- Experiencing emotional distress, such as depression, fear, stigma, anxiety
- Finding support services and resources for activities of daily living
- Maintaining fitness, nutrition, and overall wellness
- Finding accurate cancer information and useful resources
- Addressing financial and legal concerns

"Speak out, find a support group or supportive friend, and don't go it alone. It's ok to ask for support."

Nationally, nearly 75% of cancer survivors are 60 years or older.



About 1/3 of cancer survivors experience anxiety or depression serious enough to require professional help.

Survivors in Nevada can access a number of programs to promote health and well-being.

They include:

- Local Support Groups
- Cancer Resource Centers
- Fitness and Nutrition Classes
- Art and Music Therapy
- Communications Workshops
- Advance Care Planning Sessions



Nevada Online Cancer Resource Directory

Nevada Cancer Coalition hosts the state's most comprehensive cancer resource directory, featuring more than 300 resources including support groups, financial assistance, caregiver support, and wellness programs. Visit www.NevadaCancerCoalition.org/resource-directory.