



Hello Parents!

We're excited to announce that **(Your School Name)** is joining schools across Nevada in becoming a Sun Smart School. Nevada Senate Bill 159, the sun safety bill, became effective July 1, 2019, and **(Your School Name)** is working to help your students be sun safe.

What this means is that your student(s) will be learning *why* it's important for them to protect their skin from receiving too much sun when they're outside. They'll also learn *how* to protect themselves while they're enjoying the great outdoors in our beautiful state. Students are encouraged and allowed to use sunscreen at school and at school-sponsored events, and to wear hats and sunglasses when outdoors for PE, Recess, field trips and during sports practices.

This is important because:

- Skin cancer is the most common cancer in the United States – 1 in every 5 people will be diagnosed with some form of skin cancer
- Skin cancer is primarily caused by too much exposure to the sun's ultra-violet (UV) rays, or by use of tanning devices
- Sunburns in childhood and adolescence are a major risk factor for melanoma, the deadliest kind of skin cancer
- People of all skin tones can get skin cancer. Protective clothing, sunscreen use, hats, shade and sunglasses are they best way to be Sun Smart
- We want our students and staff to be Sun Smart and Sun Safe!

Being part of a Sun Smart School means that your student can use and self-administer sunscreen here at school. Teachers and staff will be encouraging students to apply sunscreen before they go outside for P.E., recess and after-school sports. Our school may also have the opportunity to provide automatic sunscreen dispensers for student and staff use.

School supplied sunscreen is primarily mineral-based and is safe for use by students of all ages. A complete list of school-provided ingredients is available in the Health Office. *If you prefer your student(s) not use the school-provided sunscreen, please let us know, and send them instead with a sunscreen of your choice for their personal use.*

Help your student(s) be Sun Smart by learning and practicing the 5 S's of sun safety:

- **SLIP** on sun protective clothing.
- **SLOP** on broad spectrum SPF 30+ sunscreen.
- **SLAP** on a wide-brimmed hat.
- **SEEK** shade or shelter.
- **SLIDE** on UV protective sunglasses.

Thank you!